



HAMDEN
adult education

Fall 2008

REGISTER NOW!

WEBSITE

www.hamdenadulted.org



MAIL

Hamden Adult Education
2040 Dixwell Avenue
Hamden, CT 06514



FAX

203.407.2056



IN PERSON

Adult Education Office
Rm D 102
2040 Dixwell Avenue



PHONE

203.407.2028



WELCOME

MISSION STATEMENT

The mission of Hamden Adult Education is to develop well-educated citizens who embrace education as a lifelong experience.

Dear Friends,

As the seasons change so do our course selections.

Whether you are planning a trip, want to learn how to take or enhance those special photos, learn a foreign language or develop an understanding of literature, there is a course for you. There are many courses that allow you to express yourself artistically. Other courses help you develop both physically and personally.

Don't forget we also have three different routes to earn a high school diploma, English classes for Speakers of Other Languages and basic skills classes.

We hope you will join us!

Sincerely,

Lillian Gallischo

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FINANCE

NEW Financial Strategies for Today's Women

Learn how to prepare for your financial future and discover why women need to take control of their finances even more than men, why it is important to plan for your retirement, how to assess your financial situation, and how to take the first step toward achieving your financial goals.

A. Serikova HHS rm D210
Mon., 7-8:30 pm Sept 22 1 session
\$22 (Sen. Cit. \$17) #2104

How Money Works

Many people don't achieve their financial goals because they think they don't have enough money to manage and they don't think they have the time or the knowledge. Learn how to overcome these obstacles.

A. Serikova HHS rm D210
Mon., 7-8:30 pm Oct 6 1 session
\$22 (Sen. Cit. \$17) #2110

Life Insurance Basics

The main differences between permanent (cash value) and term life insurance will be explained. The purpose of this course is to educate people about life insurance.

A. Serikova HHS rm D210
Mon., 7-8:30 pm Oct 20 1 session
\$22 (Sen. Cit. \$17) #2103

Marriage and Money

Learn how to create a few simple plans in the beginning of your relationship such as creating a household budget and how to stick to it. Acquire the skills needed to set up your financial household by paying down any debt, saving for your future together and creating a total financial game plan.

A. Serikova HHS rm D210
Mon., 7-8:30 pm Sept 29 1 session
\$22 (Sen. Cit. \$17) #2105

All adult education fees must be paid by check, credit card or money order.

Retirement Strategies that Really Work

Learn how to create a total financial game plan to achieve your financial goals. Topics to be discussed include tax deferred investments and mutual funds, deductibility vs. deferability, time value of money and the power of compound interest and more.

A. Serikova HHS rm D210
Mon., 7-8:30 pm Oct 27 1 session
\$22 (Sen. Cit. \$17) #2107

Successful Money Management

Make your money work for you! Learn the basics of financial planning, investing, lowering your taxes, retirement planning, proper use of insurance, and estate planning techniques. People from all income levels and occupations will benefit from this informative and fast moving course.

C. Gavin HHS rm D209
Tues., 7-9 pm Oct 14 3 wks
\$32 (Sen. Cit. \$22) #2112

Taking Money

Out of a Retirement Program

A powerful impact on the quality of your retirement will be made based on how and when you withdraw money from your retirement plans. Learn how to potentially minimize your tax liabilities and your retirement income after you retire. You'll learn the pros and cons of withdrawing money from your employer's retirement plan or rolling it into an IRA. Discover how to avoid paying penalties for early and late distributions. Be advised on how to select beneficiaries and arrange your estate to ensure that your assets pass on to your loved ones as you choose.

J. Marino HHS rm D 209
Thurs., 7-9 pm Nov 6 1 session
\$27 (Sen. Cit. \$17) #2106

NEW Planning for your Child's Education

Learn how to create a plan to locate and apply for college scholarships. Techniques to increase the odds and size of merit aid offers from their chosen schools will be discussed as well as how to create your own "scholarships" for your child with the help from Uncle Sam.

J. Pearson, CPA &
N. Liebermann, CFP HHS rm D 209
Tues., 7-9 pm Oct 7 1 session
\$15 #0301

Learn How to Repair Your Credit
see page 15



Register Early
Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, the course may be cancelled. Calling on the day of the course will not resurrect it, so please register early!

COMPUTERS

Computer Keyboarding

Are you tired of typing with one or two fingers? It's time to learn how to type correctly. The hunt and peck method is not good enough for today's dependence on computers. Emphasis will be placed on learning and using proper keyboarding techniques/ergonomics, learning to type without looking at the keyboard, and using the proper finger for each key which is called the "touch method".

L. Hatton HHS rm C 203
 Mon., 6-8:30 pm Sept 22 5 wks
 \$68 (Sen. Cit. \$54) #0310

Excel I

Microsoft Excel is a spreadsheet software program that comes in handy for personal or business use. Learn how to navigate through a spreadsheet, use functions, create formulas, sort/filter, create graphs, etc. Prerequisite: type at a reasonable speed and have basic computer skills.

L. Hatton HHS rm C 203
 T & Th., 6-8 pm Dec 9 5 sessions
 \$88 (Sen. Cit. \$68) #0312

Introduction to Personal Computers

Learn the basics of a personal computer using the Microsoft Windows XP operating system. Learn to use Windows for various functions, such as copying files, creating folders, and deleting files. The course will cover the basic makeup of the computer and other information needed to buy your "first computer". You will receive a brief introduction to the various components of Microsoft Office, including Word and Excel, to determine which additional courses would be of interest.

W. Coley HHS rm D 302
 Mon., 4:30-6:30 pm #0326 A; Sept 22
 Mon., 7-9 pm #0326 B; Sept 22
 Mon., 4:30-6:30 pm #0326 C; Nov 3
 \$72 (Sen. Cit. \$54) 5 wks

Microsoft Word 2003 Beginning

Learn the basics of word processing using Microsoft Word. Topics include: document creation, editing, text formatting, copying and moving, enabling you to create letters and documents. You should be a proficient typist.

W. Coley HHS rm D 302
 Wed., 4:30-6:30 pm #0306 A; Sept 24
 Wed., 7-9 pm #0306 B; Sept 24
 Mon., 7-9 pm #0306 C; Nov 3
 \$83 (Sen. Cit. \$63) 6 wks

Microsoft Word 2003 Advanced

You will cover the more advanced features of Microsoft Word, including tables, columns, mail merge, macros and graphics. Prerequisite: Beg. Word or knowledge of all the basic features of Microsoft Word. You will also learn miscellaneous "tips and tricks" to make your Word experience more efficient.

W. Coley HHS rm D 302
 Wed., 4:30-6:30 pm #0307 A; Nov 5
 Wed., 7-9 pm #0307 B; Nov 5
 \$83 (Sen. Cit. \$63) 6 wks

Selling on "Online" Auctions (Internet)

Interested in selling on Internet auctions? This course will teach you basic auction vocabulary and terms, help you decide what to sell, how to place winning ads and insert pictures, post-auction follow-up and introduce you to Internet auction financial management. Bring one item that you wish to sell to the first class.

M. Young Keefe Community Center
 Wed., 7-9 pm Oct 1 3 wks
 \$44 (Sen. Cit. \$33) #1910



Microsoft PowerPoint

Microsoft PowerPoint is a fun and easy to use presentation software. In this course you will learn how to create simple and elaborate presentations, use design templates, create slide transitions, text entrances/exits/emphasis, add sound, add timings and animated graphics, create hyperlinks and lots more! Prerequisite: be able to type at a reasonable speed and have basic computer skills.

L. Hatton HHS rm C 203
 Mon., 6-8 pm Nov 3 5 wks
 \$88 (Sen. Cit. \$68) #0325

COMPUTER CLASSES FOR SENIOR CITIZENS

"WINDOWS TO THE WORLD"

COMPUTER BASICS FOR BEGINNERS

EXPLORING THE INTERNET

UNDERSTANDING YOUR COMPUTER

FOR REGISTRATION INFORMATION

CALL 287.2547

No Refunds will be issued for computer courses after the first class.



Hamden Public School buildings and grounds are SMOKE FREE
 Board Policy PO-1331 adopted 11/12/97

COOKING

Cake Decorating Beginning

Create your own fancy professional looking cakes. Learn to make flowers, borders and many other beautiful items with frosting. Supply list available at first class.

C. Turner HHS rm D 107
Thurs., 7-9 pm Oct 16 6 wks
\$66 (Sen. Cit. \$52) #0617

Healthy Cooking

If you love to cook, would like to learn, or love to eat, you'll enjoy this cooking class. Each week, we will prepare and taste a variety of dishes based on the four main food groups: greens and leafy vegetables, protein, whole grains, and sweet vegetables. Each participant will take home a portfolio full of recipes to share with family and friends. Consumable fee of \$48 payable to instructor at first class.

P. Carney HHS rm D 107
Mon., 6:30-8:30 pm Sept 22 6 wks
\$66 (Sen. Cit. \$52) #0614

Yeast Breads Made Simple

See how easy it is to make delicious and healthy bread at home. Take the fear out of yeast baking with basic white bread with cinnamon variations, healthy oatmeal and whole grains, carrot-orange braid, Italian loaves, pizza and focaccia, holiday breads, and fun breads to make with kids. Consumable fee \$25 payable to instructor at first class.

L. McCullough HHS rm D 107
Tues., 6:30-9 pm Sept 23 6 wks
\$68 (Sen. Cit. \$56) #0615

Soups, Stews and Casseroles

From the Soprano's cookbook to my family's secret recipes you will learn through hands on cooking to create a culinary feast. Selections of famous Italian dishes include Minestrina or escarole and beans, made with pork ribs, pepperoni, beans, and spices, clam chowder you will not believe; traditional onion soup, and hors d'oeuvres made from homemade dough and a variety of toppings to name a few. Please do not eat before coming to class. Consumable fee \$25 payable to instructor at first class. Chef Rich will take individual pictures of class set up in a diploma!

R. Inzero HHS rm D 107
Mon., 7-9:30 pm Nov 10 7 wks
\$72 (Sen. Cit. \$56) #0608

Italian Entrees & Some Mexican Dishes

Sunday was the "no excuse" day-- everyone gathered in the kitchen for a wonderful feast. Food is family, tradition, birth, confirmation, marriage, sickness, death and life itself. You will learn to cook many of the all time favorites including: steak pizzaiola, chicken florentine, stuffed pork roast with mushrooms, onions and peppers, shrimp scampi over linguini, pizza, stuffed breads and stove top sauces over pasta, spanish rice, quesadillas, burritos, and chili. Do not eat before you come to class. Think of it as going to a late night dinner with friends. Consumable fee \$35 payable to instructor at first class. Bring pen and paper to class. Chef Rich will take individual pictures of class set up in a diploma!

R. Inzero HHS rm D 107
Wed., 7-9:30 pm Sept 24 7 wks
\$72 (Sen. Cit. \$56) #0606



Instructor-Facilitated Online Learning

All courses run for six weeks. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

Visit our Online Instruction Center:
www.ed2go.com/hamden

Luscious, Low-Fat, Lightning-Quick Meals

Would you like to enjoy a healthy, home-cooked meal tonight? Find out how easy it can be to prepare meals that are both delicious and nutritious!

Secrets of the Caterer

Catering is a business that has become very popular, especially for those who love to cook and plan parties. Catering is a home-based business that gives the caterer an exciting and creative career.

Wine Appreciation for Beginners

Master the secrets of wine appreciation. Learn how to order wine, taste it properly, and how to choose the single variety that will best compliment your meal.

Wow! What a Great Event!

Learn how to create and coordinate successful events. Develop skills, find resources and gain confidence to plan and produce any size or type of event.

Intro to Natural Health & Healing

This course is designed for anyone who wants to learn how to promote wellness, balance and health in their lives. It will give students a basic understanding of the field of natural health.

Hamden Public School buildings and grounds are SMOKE FREE
Board Policy PO-1331 adopted
11/12/97

~Education~

The main ingredient for success.
For more information and options
see pages 24-26

INSTRUCTOR-FACILITATED ONLINE LEARNING

WELCOME

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive.

All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

1. Visit our Online Instruction Center:

www.ed2go.com/hamden

2. Click the **Courses** link, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the classroom.

3. When your course starts, return to our Online Instruction Center and click the **Classroom** link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Start Dates:

A new section of every course in the catalog will begin on **September 17, October 15, November 12, December 10.**

Requirements:

All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer web browsers. Some courses may have additional requirements. Visit our Online Instruction Center for more information.

WRITING & PUBLISHING

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively. **\$ 89**

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches. **\$ 89**

Beginner's Guide to Getting Published

Published writer shows you how to give yourself the credibility you need to get your books and articles published. **\$ 89**

Travel Writing

Profit from your experiences in exotic lands (or your own backyard) by learning how to write and sell travel articles and books. **\$ 89**

The Craft of Magazine Writing

If you're a determined new writer, this class will provide you with the skills you need to get published. **\$ 89**

Writing for Children

Published children's author shows you how to touch the hearts of children by creating books for them. **\$ 89**

Forensic Science for Writers

Learn the secrets behind forensic science and add new characters, depth, and marketability to your fiction. **\$ 89**

Publish it Yourself

Convert manuscripts into income by producing and selling books like the pros. **\$ 89**

Business & Marketing Writing

Write great marketing copy to improve your company's image and your chances of getting hired or promoted. **\$ 89**

BUSINESS

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more. **\$ 89**

Employment Law Fundamentals

Learn the basics of employment law so you can legally hire, evaluate, and manage employees. **\$ 89**

Managing Customer Service

Become indispensable to any organization by understanding how to identify and meet customer needs. **\$ 89**

Introduction to Business Analysis

Learn powerful techniques to improve your decision-making skills at work. **\$ 89**

Fundamentals of Supervision & Management

Learn the people skills required to motivate and delegate, and learn tools for solving problems and resolving conflicts. **\$ 89**

Principles of Sales Management

Master the art of managing sales teams from a sales pro. **\$ 89**

Purchasing Fundamentals

Improve your company's bottom line by mastering the fundamentals of purchasing. **\$ 89**

Building Teams That Work

Learn the secrets of dynamic team building. **\$ 89**

Effective Selling

Learn the secret to converting a potential customer into a long-term asset. Find out how to lay the groundwork for repeat business and your future success. **\$ 89**

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE.

INSTRUCTOR-FACILITATED ONLINE LEARNING

GRANT WRITING

Get Grants!

Learn how to develop successful, fundable grants from experts in the field. **\$ 89**

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals. **\$ 89**

Writing Effective Grant Proposals

Learn to prepare grant proposals that get solid results for your favorite organization or charity. **\$ 89**

Advanced Grant Proposal Writing

Gain a full understanding of the criteria funders use to determine whether your grant proposal gets funded or rejected. **\$ 89**

BASIC COMPUTER LITERACY

Keyboarding

Use the computer program FastType for Windows to learn the basic skills of touch-typing. **\$ 89**

Introduction to Windows Vista

Learn the important basic skills and concepts you need to take control of your Windows Vista PC. **\$ 89**

Introduction to QuickBooks 2007

Learn how to quickly and efficiently gain control over the financial aspects of your business. **\$ 89**

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market. **\$ 89**

The Classroom Computer

Learn how to use the classroom computer to increase learning and motivate students. **\$ 89**

WEB DESIGN

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web. **\$ 89**

Designing Effective Websites

Learn powerful graphic design techniques and build Websites that are both attractive and wickedly effective. **\$ 89**

Intro to Dreamweaver

Silicon Alley veteran shows you how to harness the power of the industry standard tool for Web designers. **\$ 89**

Achieving Top Search Engine Positions

Learn proven, step-by-step strategies to achieve the highest possible positions with the major search engines. **\$ 89**

Imaging for the Web Using Fireworks

Tap into the power of Fireworks to create dynamic Web graphics. **\$ 89**

Introduction to Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. **\$ 89**

Intro to JSP Programming

Become proficient in the programming language that powers many of today's top Websites. **\$ 89**

Creating Web Graphics with Photoshop CS3

Learn how to use Photoshop to create graphics for the web. **\$ 89**

Intro to Microsoft FrontPage 2003

Find out how FrontPage makes it easy to create and upload professional Websites without programming. **\$ 89**

NETWORKING

Intro to PC Troubleshooting

Learn to decipher and solve almost any problem with your PC. **\$ 89**

Introduction to Networking

Learn the fundamentals of networking and prepare for a career in a new fast-growing field. **\$ 89**

Creating a Home Network

Create, configure, and maintain a home network using Windows XP Home Edition. **\$ 89**

Wireless Networking

Industry expert shows you how to plan, deploy and connect to wireless networks. **\$ 89**

INTERNET

Introduction to the Internet

Master the ins and outs of the Internet with this informative behind the scenes look at the Web, search engines, email, and more. **\$ 89**

Intro to Microsoft Outlook 2007

Become a productive and confident Microsoft Outlook 2007 user. **\$ 89**

Achieving top Search Engine Positions

Learn proven, step-by-step strategies to achieve the highest possible position with the major search engines. **\$ 89**

Learn to Buy and Sell on eBay

Auction pros teach you how to work from home or earn extra income buying and selling goods online. **\$ 89**

Start Your Own eBay Drop Off Store

Turn people's unwanted items into a lucrative source of income by starting an eBay drop off store. **\$ 89**

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE.

INSTRUCTOR-FACILITATED ONLINE LEARNING

PERSONAL DEVELOPMENT PERSONAL FINANCE

Music Made Easy

Learn the fundamentals of music theory. Be able to read, write, and play simple music. \$ 89

Handling Medical Emergencies

Every second counts during a medical emergency. Learn how to respond if someone needs your help. \$ 89

Debt Elimination Techniques That Work

Learn specific, powerful, and proven strategies to get completely out of debt and live a stress-free lifestyle. \$ 89

The Magic of Hypnosis

Learn to use hypnotic suggestion on yourself and others with amazing results. \$ 89

Everyday Math

Gain confidence in your basic math skills and start using math to your advantage. \$ 89

CHILD CARE & PARENTING

Enhancing Language Development in Childhood

Enrich the lives of your children by learning fun and natural ways to help them become proficient speakers and thinkers. \$ 89

Guiding Kids on the Internet

Gain confidence and experience so you can help your children discover all the Internet has to offer. \$ 89

Understanding Adolescents

Uncover the secrets of the adolescent mind. Gain valuable information on how they feel, how their identities develop and how you can best meet their needs. \$ 89

Working Successfully With Learning Disabled Students

Learn how to successfully meet the diverse needs of the learning disabled students in your classroom. \$ 89

DIGITAL PHOTOGRAPHY

Discover Digital Photography

An informative intro to the fascinating world of digital photography equipment. \$ 89

Making Movies with Windows XP

Turn your home videos into entertaining movies that you can share with others by e-mail, the Web, CD and DVD. \$ 89

Travel Photography for the Digital Photographer

Learn the tricks and techniques digital photographers need to capture scenes from around the world and bring them home. \$ 89

CAREER IDEAS

Growing Plants for Fun and Profit

An industry professional teaches you everything you need to prosper in the backyard nursery business. \$ 89

Introduction to Criminal Law

An in-depth look at criminal law and the real world of prosecutors, defense attorneys and paralegals. \$ 89

Intro to Macroeconomics

Gain a solid understanding of macroeconomics and why it is important for your studies and career. \$ 89

Medical Mathematics

Gain the math skills you need to be successful in the medical field. \$ 89

Medical Coding

Learn how to use the CPT manual and the ICD-9-CM to find medical codes for any disease, condition, treatment, or surgical procedure. \$ 89

Real Estate Investing

Build and protect your wealth by investing in real estate. \$ 89

HEALTH CARE & NUTRITION

Intro to Natural Health and Healing

Learn how to promote wellness, balance and health in all aspects of your daily life. \$ 89

Assisting Aging Parents

Be prepared to handle the challenges you and your parents will face in the coming years, while learning to cherish the transition. \$ 89

Outdoor Survival Techniques

Learn the essential skills you will need to survive in a remote or stranded condition. \$ 89

LANGUAGES

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time. \$ 89

Beginning Braille Transcription

Prepare for a rewarding career as a Braille transcriber by learning to write and read the tactual language of the blind. \$ 89

Writing for ESL

Learn how to write in English more effectively to succeed in college and at work. \$ 89

COURSES FOR TEACHING PROFESSIONALS



Integrating Technology in the Classroom

In this professional development course for teachers, you'll learn the secrets of technology integration in the classroom, gaining the skills educators need to use tools such as wikis, podcasts, and blogs effectively. \$ 89

SEVERAL NEW COURSES LAUNCH EVERY MONTH! VISIT ED2GO.COM/HAMDEN TO LEARN MORE

DANCE/FITNESS/HEALTH

Basic Ballroom Dancing

GET UP, DANCE, AND HAVE FUN! This course will expose students to the basic steps for Rumba, Cha-Cha, Foxtrot and Swing. Build confidence while keeping FUN as the focal point. Partners not required, but comfortable shoes are a must.

F. Costa
 Mon., 7-8:30 pm
 Wed., 7-8:30 pm
 \$65 (Sen. Cit. \$52)

HHS Cafeteria
#1701 A; Oct 20
#1701 B; Oct 22
 5 wks

Beginning Fencing

If you've ever wanted to try your hand at fencing, now's your chance. We supply the equipment, and you'll work with one of the area's top fencing instructors, Dr. Stan Hurd of Hit It! Fitness Studio. Enrollment for beginners only, please.

S. Hurd
 Wed., 6-7 pm
 \$75 (Sen. Cit. \$60)

Hit It! Fitness Studio
 Sept 17
 8 wks
#2423

Hula Dance

Want to live Aloha? Join me for an exciting class in Hawaiian culture, history and the art of the dance. The hula is an invigorating, spiritual journey for the mind, body and soul. A journey that will transform the way you view the Hawaiian culture. Come learn about ancient ways, the history of the dance and get an aerobic style workout while learning to hula. Bring scarf or fabric to tie around hips.

K. Colello
 Tue., 6:30-8 pm
 \$68 (Sen. Cit. \$54)

HHS rm C 109
 Sept 23
 8 wks
#1709

Hamden Public School buildings
 and grounds are SMOKE FREE
 Board Policy P-1331 Adopted
 11/12/97

Latin Mix

Merengue/Bachata/Salsa

Join in on the fun by learning the three most popular dances from the Dominican Republic. These dances are basic and easy to learn, yet very rhythmic. Move your body to the unique flavor and rhythm of the Merenge and the popular "Suaverments". Next learn the Bachata, the most recent Latin dance to make its way to the Northeast. Plus, join the Salsamania! Come and have an unforgettable experience. Partners encouraged but not necessary.

F. Ramirez
 Tues., 8-9 pm
 Tues., 8-9 pm
 \$75 (Sen. Cit. \$59)

HHS Cafeteria
#1706 A; Oct 7
#1706 B; Nov 18
 5 wks

Salsa

Join the salsamania and learn to move to the Latin beat from the region's most popular salsa instructor. Have FUN, make new friends and get a workout while learning to dance salsa. Whether you know nothing about salsa or you are already dancing salsa but would like to improve or expand your skills, this class is for you. Learn the basic steps, some free style moves and the fundamentals for a variety of turns. No partner necessary. Class size is limited, so sign up early.

F. Ramirez
 Tues., 7-8 pm
 Tues., 7-8 pm
 \$75 (Sen. Cit. \$59)

HHS Cafeteria
#1705 A; Oct 7
#1705 B; Nov 18
 5 wks



Swing Dance Beginners

No partner necessary as you learn to dance the night away. Be a part of the Big Band Dance comeback. Learn the basic steps (triple count), Jitterbug, underarm turn, cuddle and more. Low heeled, leather soled shoes are preferred.

K. Reilly
 Thurs., 7:30-8:45 pm
 \$58 (Sen. Cit. \$47)

HHS Cafeteria
 Sept 25
 4 wks
#1702

Swing Dance Intermediate

Prerequisite: Swing Dance Beginners. Start with a 30 minute review of beginner steps. New steps include: Basic Charleston, Eight Count "Lindy", Sugar Push, the Walk, and the Mooch, Shoulder Slide with supplemental steps.

K. Reilly
 Thurs., 7:30-8:45 pm
 \$58 (Sen. Cit. \$47)

HHS Cafeteria
 Nov 6
 4 wks
#1703

Traditional TaijiQuan

Curious about what T'ai-Chi is? Learn from a teacher of the northern Wu lineage with over 20 years of experience. Emphasis is on balancing outward form with internal body mechanics. The results are strength, flexibility, balance, relaxation and self-discipline. Taught in the serene studios of Your Community Yoga Center.

B. Banick
 Wed., 4:30-5:50 pm
 \$144 (Sen. Cit. \$120)

Your Community Yoga Ctr.
 Sept 24
 12 wks
#2425

SWING INTO ACTION

GET YOUR
 HIGH SCHOOL DIPLOMA

For more information
 see pages 24-26

FITNESS & HEALTH

Middle Eastern (Belly) Dance

Let the music move you! Learn the basics of Middle Eastern dance, how to improvise to your favorite song, have fun, firm your body, and make new friends. Explore many different Middle Eastern dance styles using veils and cane; a sensual style of floor work will be introduced. Please bring a scarf to wrap around the hips.

Jenny (Malikah) HHS rm C 109
 Mon., 7:30-8:30 pm #1704 A; Sept 22
 Mon., 8:30-9:30 pm #1704 B; Sept 22
 Wed., 7:30-8:30 pm #1704 C; Sept 24
 Wed., 8:30-9:30 pm #1704 D; Sept 24
 \$60 (Sen. Cit. \$54) 6 wks

Boot Camp

This action packed class will challenge your strength, endurance and will power! Our goal, to break you down (or just give you a great workout) and build you up. Join our drill sergeant for an hour of intensely FUN training, where anything goes.

Elite Fitness Staff Elite Fitness
 Thurs., 6:35 pm Sept 25 16 wks
 \$80 (Sen. Cit. \$60) #2403

Beginning Kickboxing

Learn the language and fundamentals of cardio kickboxing. This class is for the beginner and will progressively teach all essentials for kickboxing success!

Elite Fitness Staff Elite Fitness
 Wed., 4:30 pm Sept 24 16 wks
 \$80 (Sen. Cit. \$60) #2419

Beginning Yoga

You have been hearing about the benefits of yoga - here is your chance to give it a try! Learn the basics to this ancient practice that will assist in destressing your mind and body while making you more flexible and strong in ways you never thought possible.

Elite Fitness Staff Elite Fitness
 Wed., 9:30 am Sept 24 16 wks
 \$80 (Sen. Cit. \$60) #2411

Beginning Step

Learn the language and fundamentals of step aerobics. This class is for the beginner and will progressively teach all essentials for step survival!

Elite Fitness Staff Elite Fitness
 Mon., 5 pm Sept 22 16 wks
 \$80 (Sen. Cit. \$60) #2408

Can't Resist Cardio Class

A strength training class utilizing all aerobic studio equipment. Increase lean muscle, speed up metabolism and create a firm you. Enjoy this personal training workout in a group setting. Guaranteed to get you chiseled results!

Elite Fitness Staff Elite Fitness
 Tues., 5:30 pm Sept 23 16 wks
 \$80 (Sen. Cit. \$60) #2401

Flow Yoga

Enjoy all the traditional yoga postures, breathing exercises, relaxation and meditation in this mindful yet moving class. Constant flow is the focus of this fresh and timeless class.

Elite Fitness Staff Elite Fitness
 T & Th 4:30 pm Sept 23 8 wks
 \$80 (Sen. Cit. \$60) #2414

Kickboxing

Jab, cross, hook and kick your way to a strong fit body. This challenging class helps increase your aerobic capacity while toning your muscles. Fun filled and action packed!

Elite Fitness Staff Elite Fitness
 Thurs., 5:30 pm Sept 25 16 wks
 \$80 (Sen. Cit. \$60) #2402



Living Yoga

If you have yoga experience you will love this more demanding class! We recommend you have prior yoga training and are ready to move in this faster paced class.

Elite Fitness Staff Elite Fitness
 Fri., 6 pm Sept 26 16 wks
 \$80 (Sen. Cit. \$60) #2422

Beginning Spinning

Come learn all about this amazing cardiovascular workout! This class is for the beginner and will progressively advance you to improved strength and stamina using an indoor cycle as your tool. A water bottle and towel are recommended as are comfortable, breathable clothing and hard soled shoes.

Elite Fitness Staff Elite Fitness
 Wed., 6 pm Sept 24 16 wks
 \$80 (Sen. Cit. \$60) #2405

Group Cycle

Give this dynamic cardiovascular workout a try! Using an indoor cycle as your tool, have the ride of your life gaining cardiovascular strength, endurance and stamina!

Elite Fitness Staff Elite Fitness
 Tues., 5:50 pm #2404 A; Sept 23
 Wed., 9:05 am #2404 B; Sept 24
 Thurs., 5:50 pm #2404 C; Sept 25
 \$80 (Sen. Cit. \$60) 16 wks

Yoga With Bill

Real yoga taught in a playful manner. Learn a practical sequence that you can master and develop a strong, flexible and peaceful mind and body. Wear comfy clothes and bring a yoga mat, pillow or blanket and water.

B. Banick HHS rm C 109
 Thurs., 8:15-9:15 pm Sept 25 13 wks
 \$104 (Sen. Cit. \$91) #2420

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FITNESS & HEALTH

Traditional Chinese Kungfu

Learn a 300 year old style of martial art that trains the mind as well as the body. Develop one's internal energy and balance this with the body's external strength. The style incorporates a balanced blend of hand techniques, kicking techniques, and throws, and is an excellent form of self-defense. Wear sneakers and comfortable clothing.

I. Profatilov Mantis Kungfu Academy
 Mon., 7-8 pm **#2427 A**; Sept 22
 Sat., 9-10 am **#2427 B**; Sept 27
 \$80 (Sen. Cit. \$60) 8 wks

Self Defense for Adults

Learn the essentials of self defense at the area's only martial arts studio for adults. Real combat skills taught which are not suitable for under high-school age students. Learn to handle a number of common street attacks and experience a bit of the ancient oriental art of Kenpo. This Chinese art migrated to Japan about 500 years ago and has the best features of both. This course is taught at Hit It! Fitness by Dr. Stan Hurd, who has studied and taught Kenpo for over 35 years.

S. Hurd Hit It! Fitness Studio
 Wed., 6-7 pm Nov 26 8 wks
 \$75 (Sen. Cit. \$63) **#2424**

Gentle, Restorative Yoga

Rest and renew. Gentle stretches and supported, restorative postures for those recovering from illness or injury, and for those who are dealing with the affects of chronic stress. Leave feeling profoundly relaxed and refreshed. Taught in a peaceful environment by certified teachers. Bring yoga mat, towel and water.

S. Neufeld Your Community Yoga Ctr.
 Mon., 5:30-6:50 pm Sept 22 7 wks
 \$77 (Sen. Cit. \$63) **#2421**

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 Board Policy P-1331 Adopted
 11/12/97



Pre-Natal Yoga

Pregnancy changes the body quickly in a short period of time.

This class will help you surrender to those changes and embrace the miracle of life at every phase. Gentle and relaxing asana will be used to help open the pelvic floor and prepare you for a beautiful birthing experience.

L. Robinson Your Community Yoga Ctr.
 Tue., 5:30-6:50 pm Sept 23 7 wks
 \$98 **#2426**

Yoga For You

Taught by Sue Neufeld, certified instructor, touches body, mind and spirit. Experience vibrant joy and natural peace in a class designed to increase strength, flexibility, energy and stillness. Classes include postures and breath work, and end with relaxation, visualization and meditation.

S. Neufeld Your Community Yoga Ctr.
 Thurs., 5:30-6:50 pm Sept 25 7 wks
 \$77 (Sen. Cit. \$63) **#2428**

YogASCEND

Need a lift? YogASCEND is a mindful blend of form and flow designed to deepen your yoga practice as it uplifts the spirit and soothes the mind. A safe and open environment is created where laughter and acceptance is encouraged, and students feel comfortable exploring new postures. Combining asana practice, pranayama (breathing) and meditation, each class is uniquely structured to meet the needs of the students. Bring a yoga mat, towel and a carefree attitude!

B. Banick Your Community Yoga Ctr.
 Mon., 7:30-8:50 pm Sept 22 7 wks
 \$77 (Sen. Cit. \$63) **#2412**



Yoga for Weight Loss

Begin yoga in a setting with those of similar size and shape who share the same goals. Learn basic form and flow and build strength while learning poses that fit your body type. Gain trust and find enjoyment in moving your body, while reducing stress and cortisol levels. This fun, challenging and energizing, breath-based class will increase your metabolism! Please bring a yoga mat, towel and water.

K. Koopman Your Community Yoga Ctr.
 Thurs., 7:15 - 8:35 pm Sept 25 7 wks
 \$77 (Sen. Cit. \$63) **#2407**

Reiki I

Reiki I is a method of laying-on-hands to pass along universal life force energy. To become a Reiki Level I practitioner one is introduced to the ability to channel this pure energy. Reiki energy can be used for stress management and relaxation, allowing one to tap into an unlimited supply of life force energy. Comfy clothing is recommended.

D. Bana HHS rm D 208
 M & T 6:15-8:15 pm Oct 6 & 7 **#2413**
 \$90 (Sen. Cit. \$75) 2 sessions

Register Early

Nothing cancels a good class quicker than everyone waiting until the last minute to register. If there are not enough registrations by the week before the class, the course may be cancelled. Calling on the day of the course will not resurrect it, so please register early!

All adult education fees must be paid by check, credit card or money order.

CRAFTS & HOBBIES

Bridge: Play of the Hand

For most bridge players the play of the hand is the most exciting part of the game. Learn how to formulate a plan as declarer. Should I take a finesse? Should I execute a hold up play? Those questions and more will be answered. Basic bidding will be reviewed. Class taught on an advanced beginners/intermediate level.

R. Brieger Miller Senior Center
Mon., 1-3 pm Sept 22 10 wks
\$90 (Sen. Cit. \$72) #1903

Bridge: Improving Your Judgement: Opening the Bidding & Doubles

Understanding the many uses of the double can dramatically improve your game. Takeout doubles, balancing double and more will be taught. When can I open with less than 13 points? Should I pre-empt the bidding or open on the one level. Learn how to make good decisions when you are in a position to open the bidding. Class taught on an intermediate/advanced level.

R. Brieger Miller Senior Center
Wed., 10-12 noon Sept 24 10 wks
\$90 (Sen. Cit. \$72) #1904

Bridge: Beginners Intro to the Fundamentals

This eight week course covers the fundamentals of the game of bridge. The three aspects of bidding, play and defense will be studied. Start at the beginning and learn the mechanics of a game which will provide a lifetime of enjoyment. No prior knowledge of the game is required for this class.

W. Frieden Larson Place
Thurs., 1-3 pm Sept 25 8 wks
\$78 (Sen. Cit. \$58) #1902

Ceramic Workshops

You will complete one project of choice at Diane's Ceramic Studio located at 21 Crestway, off of Sherman Avenue in Hamden. Class can be taken any two days at your convenience. Ceramic piece, paint and glaze included in fee. Plate sizes can be upgraded for an extra charge. Required brushes or other supplies may be purchased by student at Diane's Ceramic Studio. Each project will use a new technique and be created for you to enjoy. Call ceramic studio at 234.8849 to arrange for individual class session.

D. Manguilli Diane's Ceramic Studio
M & Th 7-10 pm Sept 22 2 wks
Tues., 11 am-2 pm Sept 23 2 wks
\$40 (Senior fee not applicable) #1917

Chair Caning

Learn the seven basic steps of caning. Seat weaving methods including splint, porch cane, and shaker tape will be taught. Bring your chair to the first class. Materials needed along with purchasing information will be determined based on chosen weave.

V. DeAngelo HHS rm D 110
Mon., 7-9:30 pm Sept 22 10 wks
\$84 (Sen. Cit. \$64) #1909

Creative Scrapbooking & Organizing Your Photos

The hard part is organizing all your photos (even digital). Let Anne, Creative Memories instructor, teach you how to organize your photos and digital images. The fun part is getting those photos into scrapbook albums. Tools will be used to crop your pictures and create basic layouts and designs. Materials list will be given at first class. A variety of scrapbooking supplies are available from the instructor.

A. Tubis HHS rm B 106
Mon., 6:30-9 pm Sept 22 2 wks
\$40 (Sen. Cit. \$30) #1914

Crochet Intermediate

Are you having problems reading a pattern? Do you know how to resize your afghans? Do you know the difference between yarns? Improve the skills you already know or want to know more about. Bring yarn scraps, a crochet hook and a pattern of your choice to first class.

S. Tendler HHS rm B 104
Wed., 7-9 pm Oct 15 6 wks
\$66 (Sen. Cit. \$50) #1922

Flower Arranging

Join Karen for these classes at her shop located at 2648 Whitney Avenue. Each week you will design a different shaped arrangement of fresh flowers to take home for your enjoyment. A pair of clippers will be necessary and a fee of \$10-\$12 weekly will be required to cover the cost of materials.

K. Wawock Whitney Flowers
Tues., 7-8:30 pm 1913 A; Sept 23
Wed., 9-10:30 am 1913 B; Sept 24
Wed., 1-2:30 pm 1913 C; Sept 24
Thurs., 7-8:30 pm 1913 D; Sept 25
\$83 (Sen. Cit. \$63) 10 wks



**All adult education fees
must be paid by check, credit
card or money order.**



Basic Natal Astrology

This class will consist of the twelve signs of the Zodiac, eight planets, the sun, moon and new planets. You will learn about your own natal chart and what they mean. Students will be instructed to obtain their individual astrology chart through the internet and in turn learn to read and use their own charts.

B. Calabrese HHS rm D 211
Wed., 7-9 pm Sept 24 6 wks
\$66 (Sen. Cit. \$52) #1203

Guitar for Beginners

If you have always wanted to play guitar but never found the time, here is an easy way to get started. Learn the basics of how to play the guitar, finding musical notes, basic chords, reading music, and left and right hand technique. Bring your own guitar or one will be available for rental. Book fee \$9.95 payable first class.

G. Raccio All Things Musical
Wed., 7:30-8:30 pm Sept 24 8 wks
\$78 (Sen. Cit. \$58) #1932

Knitting Circle

Beginning and intermediate knitters welcome. Complete a project for your home, your family, or yourself in no time at all. Great for stress reduction, and meeting new friends. Intermediate knitters may bring a project of their choice, necessary yarn and needles. Beginner knitters bring size 10 needles and 1 skein of light solid colored worsted weight yarn.

E. Salinger HHS rm B 103
Tues., 6:45-8:45 pm Sept 23 10 wks
\$84 (Sen. Cit. \$64) #1918

Sewing-Learn How To Make Your Own Clothes

Bring your sewing machine, an extension cord and learn how to make your own clothing or home project. You will learn how to read patterns, the best short cuts to use, and how to make a pattern fit you. To the first class bring your pattern, fabric and any needed interfacing, tape measure, good sharp scissors, needles, straight pins, thread, and any notions listed on the back of your pattern. **Select a simple, easy pattern not exceeding 6 pattern pieces.** If you have any questions regarding pattern selection call Annette at 203.809.9369.

A. Torrellas HHS rm B 103
Wed 6:30-9 pm Sept 24 9 wks
\$84 (Sen. Cit. \$64) #1919

Set to Go

Explore your creative side and make your own wearable masterpieces. Make jewelry using glass beads and semi-precious stones. You will learn design fundamentals, construction, and finishing techniques. In the first class we learn to make earrings. In the second class we focus on bracelets, and in the third class we complete the sets by making necklaces. Over the course, you complete eight pieces, making two unique jewelry sets. A \$20 materials fee is payable at the first class.

S. Fields & E. Neuber HHS rm B 106
Wed., 7-9 pm Oct 1 3 wks
\$44 (Sen. Cit. \$33) #1912

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Replacement Window Workshop - Do Your Research!

What is the best window for your home (wood, vinyl, etc.)? What makes a good quality window? What is a good price? This workshop will answer these questions plus show you how windows are replaced. A great course for anyone thinking about having windows replaced or replacing windows themselves. Instructor is a Connecticut registered home improvement contractor with 30 years experience as a master carpenter.

P. O'Doherty HHS rm A 114
Tues., 7-9 pm Oct 21 1 session
\$27 (Sen. Cit. \$20) #1911

What's In Your House? Taking a Home Inventory

It happens everyday and we are seldom prepared. A fire or storm can destroy your home and possessions and then try to remember what you had. A home inventory is a detailed list of your property. This class will show you how to perform the inventory and provide software to assist you.

M. Young HHS rm D 211
Wed., 7-9 pm Sept 24 1 session
\$27 (Sen. Cit. \$20) #1907

CREATIVE ARTS

Basic Photography for Beginners

This class is designed for beginners in photography. Explore the basic principles of the art of photography. We will study shutter speeds, f/stops, (aperture), lighting, flash, filters, depth of field, and more. These photo sessions will help you enhance your pictures, improve your composition, and make picture taking more rewarding. All you need is a camera and desire.

J. Kasaruskas HHS rm B 105
Wed., 7-9 pm Sept 24 6 wks
\$66 (Sen. Cit. \$52) #1809

How to Buy & Use a Digital Camera

This class will teach you how to use all the features of your new digital camera. Topics to be explained include resolution, white balance, file formats and compression, optical versus digital zoom, various picture modes and manual controls, etc. After you've taken the photo and transfer it to your computer, you'll learn how to store and catalog it so that you can find it again. Compare the various output choices such as prints or digital slide shows, do them yourself or have them done for you. Use of the Internet and e-mail will be discussed. Learn camera composition to improve your photos regardless of your camera type. A demo of the digital darkroom using Photoshop Elements will be presented.

R. Tokarz HHS rm D 212
Mon., 6:15-9:15 pm Sept 22 2 wks
\$44 (Sen. Cit. \$33) #1818

Oil Painting Advanced

For those who have had some painting experience and possess basic techniques. Bring your own project to this workshop. Mr. Teixeira will be available to support and guide you. **Odorless turpentine required and a container for disposal.**

E. Teixeira HHS rm B 104
Mon., 7-9 pm Sept 22 8 wks
\$78 (Sen. Cit. \$58) #1808

Enhance Photos with Photoshop Elements Fundamentals

Now that you have a digital camera, what do you do with all those pictures? Learn how to organize all those files with Photoshop Elements Organizer. Included are subjects like: color correction, resizing photo files, changing resolution, fixing "red eye", opening closed eyes, creating slide shows on VCD, greeting cards, sending photos by email, etc. Media fee \$ 15 for class materials payable at first class. **A 30 day trial version of the program is provided that you load on your computer at home.** Owning the program is not necessary. A minimum knowledge of how to use a personal computer is required.

R. Tokarz Keefe Community Center
Mon., 7-9 pm Oct 20 4 wks
\$58 (Sen. Cit. \$44) #1806

Enhance Photos with Photoshop Elements Essentials

This course builds on the fundamentals course with text on a picture, drawing shapes, painting with different brushes, creating collages, layers and selection to effect parts of an image, sharpening a blurry image, merging multiple images to create a panoramic, the magic of filters, and making scrapbook pages from scanned items, etc. Media fee \$ 15 for materials payable at first class. The instructor may be contacted for further information. Prerequisite: completed and mastered Photoshop Elements fundamentals.

R. Tokarz Keefe Community Center
Mon., 7-9 pm Nov 17 4 wks
\$58 (Sen. Cit. \$44) #1805

Watercolor Painting

Experience the joys of watercolor. Here is an opportunity for beginners to explore and discover--a chance for the experienced to expand their horizons. The first evening includes a discussion of the realities of watercolor, supplies needed and a painting demo. Bring whatever supplies you have. Materials list will be provided. (Cost approximately \$50.) Matty Dagradi, Pratt Institute artist with paintings in many private collections, studied under Milford-Zornes, Frank Webb and Sondra Frekelton.

M. Dagradi HHS rm B 106
Tues., 6:30-8:30 pm Sept 23 8 wks
\$78 (Sen. Cit. \$58) #1817

Register Early

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PERSONAL DEVELOPMENT/REAL ESTATE

Conflict Resolution and Stress Management

Learn the techniques used by Dr. Marshall Rosenberg's Non-violent Communication to manage conflict resolution and stress. This course will help you to enhance interpersonal relationships, control anger and increase competence at work and at home. Required textbook included in course fee.

M. Andrews HHS rm D210
Thurs., 7-8:30 pm Oct 20 4 wks
\$52 (Sen. Cit. \$42) #1106

Conquer the Paper Monster

Is the paper monster living in your house? Discover practical techniques for handling junk mail, monthly bills, medical and insurance statements. Learn how long you need to keep things. Create a practical filing system that works for you. Also includes solutions for streamlining and storing photos, recipes, magazine articles, manuals, warranties and personal paper memorabilia.

L. Calegari HHS rm D 109
Wed., 7-9 pm Oct 22 1 session
\$22 (Senior fee not applicable) #1118

Homebuyer's Workshop

Understand the three main phases of buying a home. A licensed real estate sales-man will discuss all aspects involved in purchasing a home, making an offer, documents involved, and various inspections. A licensed mortgage broker will discuss the various mortgage financing programs available, the different down payment options, the pre-approval process, and the credit evaluation. To conclude, a real estate attorney will discuss his role in representing the purchaser of a home - from the review of the "Contract For Sale" through the closing documents.

B. DePodesta
T. Brandi, P. Frazier HHS rm D 209
Tues., 6:30-8:30 pm Oct 7 1 session
\$15 (Senior fee not applicable) #0709

Reverse Mortgage Seminar

Come hear a candid talk about the federal government's reverse mortgage program. Reverse mortgages have been getting a lot of media attention lately and there has been both true and false information reported. Kathryn Freda, a reverse mortgage specialist with Webster Bank, will provide a detailed candid overview of this important option for homeowners who are at least 62 years of age. Susan Nobleman, a local attorney who practices in the area of Elder Law, will address various legal issues concerning reverse mortgages. Ms. Freda will give an unbiased talk on the federally insured program, telling the audience both the pros and the cons of reverse mortgages. Topics will include: ownership retention, payment options, closing costs, peculiarity of legal documents, Powers of Attorney/Conservators, property considerations, loan repayment and more. Attorney Susan Nobleman of Gesmonde, Pietrosimone & Sgrignari will talk on how reverse mortgages can be used to pay for long-term care costs to remain in your home and the importance of planning for payment of long-term care costs.

K. Freda & S. Nobleman HHS rm D 212
Tues., 6:30-8 pm Oct 7 1 session
\$15 (Senior fee not applicable) #0701



Learn How to Repair Your Credit

Do you have a serious financial situation in which you are confronting high debts caused by your use of credit cards? Would you like to learn new strategies for dealing with debt, responding to creditors on past due accounts, and dealing with collection agencies? If you answered "yes" to any of these questions, this course is for you. Learn how to better understand your credit report, dispute incomplete or inaccurate information in your credit file, and add statements that will improve your credit rating, plus practical strategies for improving your credit score and dealing with credit card debt.

E. Westfall HHS rm D 208
Wed., 7-9 pm Nov 5 2 wks
\$27 (Sen. Cit. \$22) #2101

SEARCHING FOR TALENT

Hamden Adult Education is continually attempting to offer courses of interest to the community. We are also looking for people to teach these courses.

Hamden is fortunate to have a wealth of talented citizens. Persons with specialized skills and interests are invited to share their talents with the community. If you are interested in joining our staff, please contact:

LuAnn Gallicchio, Director
Hamden Adult Education
407.2028
407.2056 (FAX)
lgallicchio@hamden.org

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CULTURAL ENRICHMENT

Introduction to Reading the Runes

Begin a five week journey of exploration into the ageless wisdom of the Norse Runes. Learn how this ancient alphabet was utilized as a system of divination. Study letter recognition, sequence, pattern and technique as well as runic history and mythology. Broaden your knowledge and deepen your appreciation of the natural world while you delve into the northern mysteries.

L. Morrison HHS rm D 212
Tues., 7-9 pm Nov 18 5 wks
\$66 (Sen. Cit. \$52) #1221

Opera from the Czech Republic

The Czech Republic is noted for a high level of cultural achievement, particularly in the area of opera. We will see five operas by major composers: two from the 19th Century - Smetana's *The Bartered Bride* and Dvorak's *Rusalka* and three from the 20th Century - Martinu's *The Greek Passion* and Janacek's *The Cunning Little Vixen* and *From the House of the Dead*. Directions will be sent to those who enroll. A collection of articles will be provided.

S. Johnson Johnson's Residence
Mon., 7-9 pm Oct 20 8 wks
\$78 (Sen. Cit. \$60) #1901

**Let us plan a day of leisure for you!
There are four wonderful day trips
planned.**

*Fine Dining Lunch Cruise on the
Narragansett Bay*

Fall Foliage on the Rails

*New York Botanical Garden
Holiday Train Show*

Harlem Tour and the Apollo Theater

See pages 22-23 for full descriptions

Poetry101

Poetry101 contains satisfying explorations of poetic roots and components giving way to class occurring discussions and the exhibition of material, both established and new by published authors and the class' students. These activated class discussions will explore the aesthetics of each poem created and experienced. Material such as Shakespeare, Oscar Wilde, William Blake, William Wordsworth, Robert Frost, Lord Byron, Percy Shelley, John Keats, and others, will be the focus throughout the participation. Assignments will include the creation of poetry by participants to be exhibited in each class resulting in the establishment of a class collective poetry portfolio.

K. Lundquist HHS D 215
Wed., 6:30-8:30 Sept 24 6 wks
\$66 (Sen. Cit. \$52) #1205

Writing for Non-Writers

This class is for those who think they can not write. My goal is to prove to them that if they can talk they can write. Books, poetry, cartoons, and pictures to prompt discussion and writing will be used throughout this class. We will also use memoir, journal writing and other creative writing techniques to write in a natural manner. Materials fee \$5 payable to instructor at first class.

A. Flaxman Whitney Center
Tues., 1:30-3 pm Nov 18 6 wks
\$58 (Sen. Cit. \$45) #1124



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How to Make Money selling Travel as a Home-Based Travel Agent

Do you have a passion for travel? How would you like to make money in your spare time by doing something you truly enjoy - sharing your love for travel with people you know?

One of the great things about being a home-based leisure travel agent is that you can start your business from your home or existing office, thereby keeping a very low overhead. And unlike a nine to five job, you set your own hours, work at your own pace, make your own rules, and enjoy the sense of pride that comes with owning your own business.

This workshop is designed to **train you how to succeed**. Through Mr. Weinstein's many years of experience as a vacation expert, he can take much of the guesswork out, providing you with the most effective tools for success.

Some of the areas covered include:

- Lessons to become a destination expert
- Making travel reservations and booking procedures
- Relationship Selling 101
- Prospecting and Networking to build your client base
- Free and almost free marketing ideas to further grow your business
- Business and legal issues
- Cashing in big with group travel

What does it take to succeed in this program? A sincere desire supported by hard work, dedication to the customer, and a passion for travel, the willingness to learn and follow the methods of good salesmanship and business operation.

J. Weinstein HHS rm D210
Wed., 7-9 pm Sept 24 4 wks
\$58 (Sen. Cit. \$42) #1121

fax 407.2056/www.hamdenadulted.org

LANGUAGES

Arabic Beginners/Intermediate

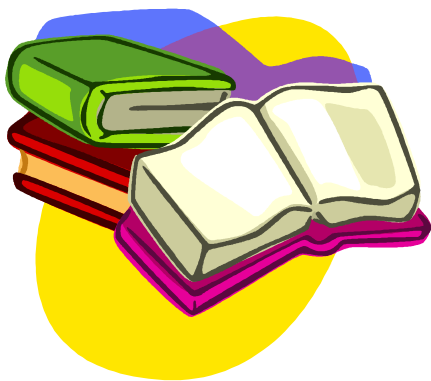
This beginners course will introduce you to the Arabic language and advance as the class progresses. The course includes learning the Arabic alphabet, basic reading, basic conversation situations, travel expressions and some basic grammar. Textbook not included.

S. Muhammad HHS rm D 212
 Wed., 7-9 pm Sept 24 10 wks
 \$90 (Sen. Cit. \$68) #1601

French Pronunciation & a Few Basic French Phrases

How is your French? Do you often struggle with pronouncing the French words popping up here and there in daily life? Then this course is for you. Whether you are a public speaker, working in radio or television, or teaching a course of any kind, odds are that you are confronted with those darn French words more often than you please. Wouldn't you want to pronounce them "comme il faut" with ease? This course will certainly be fun as we all try to achieve a perfect pronunciation and it will give the student the confidence speaking and travelling to a franco-phone country.

Y. Kolodny HHS rm D 213
 Mon., 6:15-7:45 pm Nov 10 5 wks
 \$52 (Sen. Cit. \$39) #1613



Please note: Textbook fees must be paid by check, money order or credit card.

German News

The elections are over and the press is buzzing. Let's read what the German speaking press is saying about our elections and their view and take on it in general. This course is ideal for students with some basic German reading skills.

Y. Kolodny HHS rm D 213
 Mon., 8-9:30 pm Nov 10 5 wks
 \$52 (Sen. Cit. \$39) #1614

Italian Beginners

Everyday Italian taught with an eye for the tourist with a quick study of grammar and Italian lifestyles, customs and geography. Textbook not included.

D. Ditomasso HHS rm D 213
 Wed., 6:30-8 pm Sept 24 10 wks
 \$84 (Sen. Cit. \$63) #1608

Spanish Beginners

Are you interested in speaking Spanish? Emphasis is placed on learning through conversation, useful workplace and travel expressions and basic grammar. Textbook not included.

C. Cortes HHS rm D 209
 Wed., 6:30-8:30 pm Sept 24 8 wks
 \$78 (Sen. Cit. \$58) #1610

Spanish Intermediate

For people with prior knowledge of the Spanish language, emphasis is placed on improving conversational skills, writing and refining basic knowledge of the language. Prerequisite: Beg. Spanish course or equivalent experience. Textbook not included.

G. Malavet-King HHS rm D 209
 Mon., 7-9 pm Sept 22 8 wks
 \$78 (Sen. Cit. \$58) #1611



Begin your journey around the world through any of these fascinating language courses.

Career Transitions

Gain hands-on computer experience in Microsoft Word and Excel. Explore careers by matching interests and skills with career possibilities, training or college options. Polish your job seeking skills so you can land the job of your choice. Do all this while you brush up your basic skills and/or work toward a high school diploma.

Call 773.9211 to find out more about this **free** program.

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CPR / LITERACY

Child and Infant CPR

Learn how to reduce the risk of death or injury by properly recognizing breathing and cardiac emergencies and learning the proper way to administer appropriate CPR measures to victims of all ages. Certificate and textbook included.

C. Ely HHS C107
Mon., 6:00-9:30 pm Oct 27 1 session
\$52 #2006

Babysitter's Training

The purpose of the American Red Cross Babysitter's Training course is to provide individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism, safety and safe play, basic care and first aid. Certificate and textbook included. **Please bring your lunch.**

C. Ely HHS C 107
Sat., 9 am-2:30 pm Oct 18 1 session
\$37 #2007

Connecticut Child Care

Teaches adults how to administer first aid and Infant/Child CPR, prevent injuries, and recognize communicable diseases in children. Meets State of Connecticut training requirements for family and child care center staff. This class is also appropriate for parents, grandparents, and child care givers. Upon successful completion, students will receive both the American Red Cross Infant/Child CPR and Connecticut Child Care certificates. Two skill cards, two certificates and textbook included.

C. Ely HHS C 107
Sat, 8 am-5 pm Nov 22 1 session
\$68 #2008

LITERACY VOLUNTEERS OF GREATER NEW HAVEN



Ever imagine what it would be like if you couldn't read this paragraph--or any paragraph? There are thousands of adults in our area who can't. Literacy Volunteers reaches out to them, providing one-on-one and small-group tutoring. If you are interested in becoming a tutor, fill out an application on our website, www.lvaghn.org or call us at 865.3867. We offer monthly orientation sessions for new tutors and eight training sessions/year. Tutors are asked to spend two hours/week with their students. Most tutors tell us it's the best two hours of their week.

CREATE NEW OPPORTUNITIES BY
CONTINUING YOUR
EDUCATION

SEE PAGE 26
FOR THE AVAILABLE OPTIONS

Instructor-Facilitated Online Learning

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive.

All courses run for six weeks. You can complete any of these courses entirely from your home or office and at any time of the day or night.

How to Get Started:

Visit our Online Instruction Center:
www.ed2go.com/hamden

Enhancing Language Development in Childhood

Enrich the lives of your children by learning fun and natural ways to help them become proficient speakers and thinkers. \$89

Guiding Kids on the Internet

Work the Web with your kids! This essential course for teachers, leaders, and parents will give you the confidence you need for helping children get the best from the Internet. \$89

Ready, Set, Read!

Let a learning specialist show you how to raise a successful reader and writer. \$89

Solving Classroom Discipline Problems

Veteran teacher reveals the secrets to an orderly classroom. A step-by-step approach to effective, positive discipline. \$89

Survival Kit for New Teachers

Veteran instructor shares the secrets for success in your first years of teaching. \$89

All adult education fees
must be paid by check,
credit card or
money order.

FAMILY LEARNING

Watch For New Course Offerings in Winter/ Spring 2009!

Baby Sign: Enhancing Communication for Infants, Toddlers and Pre-School

Children's Research indicates that infants and toddlers can communicate before they are ready or able to speak. Exposing young children, including those with language delays and disabilities, to another language, baby sign, is an effective and positive bridge to recognizing their often-challenging non-verbal needs. Learning baby sign encourages toddlers and pre-school children to interact naturally in playful and engaging ways, which has been documented through research to increase vocabulary, encourage communication, develop skills of observation, strengthen and introduce hand/eye coordination and motor skills. Early positive interaction between parents and children facilitates closeness, fosters a sense of intimacy and self-esteem and empowers children to see the impact that shared communication has on their world. Through the reading of select children's books, baby sign will be used to demonstrate how to recognize and apply learning opportunities to successfully integrate baby signs into everyday life.

ABC's of Parenting

This five week fun, interactive, hands-on class will offer parents of children 0-5 years an opportunity to learn the tools necessary for raising happy, healthy children. Course will include child development, positive discipline, communicating with children and getting your child ready for school.

Introduction to Parenting 101

Join this interactive five week class offered to teens or teen parents. This course will give participants the opportunity to learn about responsibilities of parenthood, relationships, healthy lifestyles, importance of attachment, discipline and guidance.

THE FAMILY RESOURCE CENTER OF HAMDEN

AT CHURCH STREET SCHOOL
203.407.3111

How the Family Resource Center Can Assist You:

The staff can help you increase your enjoyment of your child and the parenting experience, and increase your ability to detect any developmental delays your child may have.

PROGRAMS FOR YOUNG CHILDREN

- * Drop-in play groups
- * Home visits using the "Parents As Teachers" curriculum
- * Book and toy lending library

PROGRAMS FOR PARENTS AND CHILD CARE PROVIDERS

- * Parenting education workshops
- * English and high school equivalency classes in collaboration with Hamden Adult Education
- * Training and support for home and center based child care providers
- * CPR and first aid training
- * Child care referrals
- * Referrals to agencies and local services
- * Ongoing parenting support groups
- * Access to school readiness program information

VISIT HAMDEN'S PARTNERSHIP FOR YOUNG CHILDREN WEBSITE
WWW.HAMDENKIDS.ORG

HAMDEN'S PARTNERSHIP FOR YOUNG CHILDREN

CHECK OUT ITS OFFICIAL WEBSITE

WWW.HAMDENKIDS.ORG

Community members can locate information on family events, links to appropriate resources and enrichment activities for your child.

Childcare providers visit the site regularly to check on professional development activities and resources available to you.

TAKE TIME FROM YOUR BUSY DAILY ROUTINE AND CREATE A "PARENT AND CHILD" LEARNING EXPERIENCE



Hamden Public School buildings and grounds are SMOKE FREE Board Policy P-1331 Adopted 11/12/97

TEENAGE DRIVER EDUCATION/TEST PREP

Online Test Prep Courses

GED Preparation

Want to pass the GED? This course will help you develop the skills you'll need to succeed. **\$ 89**

Prepare for the GED Language Arts, Writing Test

Prepare for the GED test on language arts and writing. **\$ 89**

Prepare for the GED Math Test

Master the skills you'll need to pass Test 5 in the GED test series. **\$ 89**

GMAT Preparation

Discover powerful test-taking techniques and methods for improving your score on the GMAT. **\$ 89**

A+ Certification Prep, Basic

Prepare for the CompTIA A+ exam and begin a rewarding career in the fast-growing PC repair field. **\$ 89**

Network+Certification Prep

Prepare to take and pass the CompTIA Network+ Exam and begin a career as a network tech. **\$ 89**

Paralegal Preparation 1

Prepare for a career as a paralegal by learning legal terminology, processes, ethics, and the basics of tort and contract law. **\$ 89**

SAT/ACT Preparation - Part 1

Course designed to prepare you for the reading, English and science sections of the ACT and the critical reading and writing sections of the new SAT 2005. **\$ 89**

All of these courses and many more can be taken from the convenience of your home or office. Every course offering includes expert assistance.

**For more information visit
www.ed2go.com/hamden**

Teenage Driver Education

30 Hours of Classroom and 8 Hours Behind the Wheel

**Dual Controlled Cars - Special Winter Training
Patient Instruction**

Permit and License Testing Available On Site

Qualifies You for Insurance Discount

New teen permit information

(Students who take Driver Ed)

* Students do not need to go to DMV for the Learner's Permit: we will issue them to our students in the classroom phase.

* Students who take driver education will have a two month advantage on their Learner's Permit. Students can be 16 and 4 months and apply for a license if they have completed driver education.

* If students do not take driver education, they must obtain a Learner's Permit directly from the DMV and must hold the permit for six months.

**Students must be at least sixteen to enroll.
Continuous course - students can enroll anytime.**

Option 1 - \$ 499 - This fee is for the complete course of 30 hours class/8 driving lessons. **Checks should be made payable to Academy of Driving.**

Option 2 - \$ 599 - This fee is for the complete course of 30 hours class/10 driving lessons. It is the opinion of this driving school that 8 hours is not sufficient to adequately prepare a novice driver; as a result, we offer this 30/10 package at a reduced rate.

Option 3 - \$ 1,250 - This fee is for a complete course of 30 hours of classroom and 20 hours of behind-the-wheel. Program designed for the student who does not have the opportunity to complete the required hours of training with their parents. This option offers 20 hours of instruction with a professional instructor and satisfies all DMV requirements.

Other - \$ 125 - This is an optional service if the student wishes to use our vehicle for the exam date. This fee is for arrangement, insurance coverage, necessary paperwork, and the use of our vehicle. This fee must be paid in advance in order to ensure student's appointment.

\$ 75 - Charge for the permit

\$ 25 - Textbook fee

Motor Vehicle fees: - \$ 40 check/money order for the exam

\$ 77 maximum charge for student's license

These charges are payable to the Motor Vehicle Department

\$ 30 - Cancellation fee per hour will be charged for any lesson cancelled without sufficient notice. Cancellations must be called into office 48 hours in advance. Please note that there will be no refunds once you have enrolled or started this program. This course is good for one year from enrollment date.

Applications available at the Adult Ed Office Rm D 102.

Classes held after school at HHS Rm D 204.

For scheduling information call Academy of Driving at 287.9600.

SENIOR OFFERINGS

COMPUTER CLASSES FOR SENIOR CITIZENS

"WINDOWS TO THE WORLD"

Computer Basics for Beginners - If you want to learn what computers are, how they work and how to use one, then sign up for class. You will learn the basics in order to start using a computer. You will also be introduced to the Internet.

Exploring the Internet - Now that you completed your basic course, you can learn how to use the Internet including sending and receiving emails, "surfing" the net, and special sites for seniors.

Understanding your Computer

A seven week (2 hours per session) course of intermediate computer study for seniors, focusing on the XP Operating System. All students must have completed "Windows to the World" basic computer class. Students must have good hand and eye coordination and mouse skills, good keyboard skills and email accounts with screen name. A home computer is recommended because homework will be assigned.

Course fee \$15 for Hamden senior citizens which includes memory stick and supplies. Fee is \$10 if you have already purchased a memory stick.

Drop In Lab - You can practice, ask questions, and work on your own projects.

The computer lab is located at the Miller Senior Center.

If you are interested in signing up for a class call 287.2547.

Hamden Public School buildings and grounds are SMOKE FREE Board Policy P-1331 adopted 11/12/97

AARP Driver Safety

Designed for persons aged 50 and older to update their driving skills, help compensate for age-related physical changes, reduce traffic violations and accidents. Certificate awarded for completion of course may qualify you for a discount on your auto insurance. **Registration by mail or walk-in prior to start of class. Please include a \$10 check payable to AARP for each enrollee.** Bring a **driver's license** to class.

Staff HHS rm A 112
T & W 6-10 pm **#1001 A**; Sept 23 & 24
T & W 6-10 pm **#1001 B**; Oct 28 & 29
T & Th 6-10 pm **#1001 C**; Dec 2 & 4

Opera from the Czech Republic

The Czech Republic is noted for a high level of cultural achievement, particularly in the area of opera. We will see five operas by major composers: two from the 19th Century - Smetana's *The Bartered Bride* and Dvorak's *Rusalka* and three from the 20th Century - Martinu's *The Greek Passion* and Janacek's *The Cunning Little Vixen* and *From the House of the Dead*. Directions will be sent to those who enroll. A collection of articles will be provided.

S. Johnson Johnson's Residence
Mon., 7-9 pm Oct 20 8 wks
\$78 (Sen. Cit. \$60) **#1901**

Writing for Non-Writers

This class is for those who think they can not write. My goal is to prove to them that if they can talk they can write. Books, poetry, cartoons, and pictures to prompt discussion and writing will be used throughout this class. We will also use memoir, journal writing and other creative writing techniques to write in a natural manner. Materials fee \$5 payable to instructor at first class.

A. Flaxman Whitney Center
Tues., 1:30-3 pm Nov 18 6 wks
\$58 (Sen. Cit. \$45) **#1124**

Oil Painting Workshop for Seniors

Bring your own project to this workshop. Mr. Teixeira will be available to support and guide you. **Participants must use odorless turpentine and bring a container for disposal.**

E. Teixeira Miller Senior Center
Thurs., 10-12 noon Sept 25 8 wks
\$78 (Sen. Cit. \$58) **#1813**
Hamden Sen. Cit. Free

Basics of Medicare

Medicare was signed into law in 1965. Its intent was to assist retired workers 65 and older with their health care. Since then the people eligible for Medicare include disabled people and surviving spouses who otherwise would not be eligible for Medicare. This class will explain the basics of Medicare eligibility, its benefits and the additional health coverage needed when on Medicare. The class is for individuals going on Medicare, those who are already on Medicare and siblings whose parents are or will be on Medicare. You will leave with the knowledge of how to select a Medicare plan that meets your health and financial needs. Erin Fisher is a Certified Medicare Professional and is Director of Medicare Plans and Medicare Solutions, a division of Health Plan One in Shelton. She has 15 years experience with Medicare plans and issues and is a member of the Medicare Advisory Committee for National Association of Health Underwriters.

E. Fisher HHS rm D 208
Wed., 7-8 pm **#2010 A**; Oct 1
Tues., 7-8 pm **#2010 B**; Oct 28
Thurs., 7-8 pm **#2010 C**; Nov 13
\$10 (Senior fee not applicable) 1 session

All adult education fees must be paid by check, credit card or money order.

BUS TRIPS



Narragansett Bay and Newport

Fine Dining Lunch Cruise

Join us for this delightful two and one half hour narrated sightseeing and fine dining cruise. Discover the incredible beauty of Narragansett Bay and the Newport waterfront while cruising on the elegant new "Majestic". Air conditioned and heated for all season cruising, the Majestic is elegantly furnished with classic details and comfortable seating. The luncheon selections consist of several salads, Penne Pasta, Chicken and Fish entrees, vegetable, potato, buffet pastries and beverage.

After this relaxing afternoon, enjoy some free time to shop in Newport along Bowens and Bannisters Wharfs.

1208 Saturday, September 27th \$82

Bus leaves Hamden High School promptly at 8:15 am and we will return approximately 6:30 pm.

Please note: No refunds will be issued for this trip after September 18th

Green Mountain Flyer Fall Foliage on the Rails!



Begin this leisure day admiring the colors of nature while leaf peeping our way to the famous Yankee Candle store. Browse through the hundreds of unique aromas and scents. A great time to start your holiday shopping!

Enjoy a classic New England feast at the charming Chandler's Tavern, the epitome of fine Vermont country dining. A special harvest menu features New England Clam Chowder, choice of Fresh Roasted Turkey dinner or Baked Scrod, served with potato and vegetable, and warm apple crisp for dessert!

We're now ready to board the Green Mountain Flyer for a delightful two hour roundtrip ride along the Connecticut and Williams Rivers between Bellows Falls and Chester Depot, Vermont. There's nothing more to do but relax and experience a narrated journey into Vermont's rich history and scenic splendor on a fully restored vintage passenger train.

1209 Saturday, October 18th \$92

Bus leaves Hamden High School promptly at 8:30 am and we will return approximately 8:30 pm.

Please note: No refunds will be issued for this trip after October 3rd.

HARLEM NEW YORK'S JAZZIEST NEIGHBORHOOD

Come spend the day in New York with a special guided tour of Harlem where so many famous entertainers made their fame: Count Basie, Billie Holiday, Nat King Cole, Lionel Hampton, and a young singer-dancer by the name of Sammy Davis, Jr.

Tour the famed Apollo Theater. Since 1913 this legendary theater has been the stage for the greatest names in American entertainment. The rich sound of jazz, soul and rock 'n roll has thrilled audiences for over 80 years. In the 50's and 60's the place was jumpin' with Stevie Wonder, Smokey Robinson, Bill Cosby and the Jackson Five. Today the theater is a national landmark!

Guided bus tour highlights the neighborhood with its famed Gospel Churches and their renowned choirs, the lovely homes atop Harlem Heights and the jazz clubs that today line the street. Hear the stories of how the celebrities got their start....delicious authentic southern style lunch at the famous Sylvia's Restaurant. There's even spare time to shop at the Open Air Market for crafts, clothing, jewelry, leather goods, and more.

1207 Saturday, November 1st \$89

Bus leaves Hamden High School promptly at 9:30 am and we will return approximately 7:00 pm.

Please note: No refunds will be issued for this trip after October 17th.



New York Botanical Garden Holiday Train Show

Move over Manhattan! New York's other big seasonal event goes on parade the day after Thanksgiving with the popular Holiday Train Show at the New York Botanical Garden.

Wrapped in the glow of twinkling lights, model trains and trolleys zip along over winding tracks past scaled replicas of New York landmarks. Orange slices, cinnamon sticks, poppy pods, pine cones and a host of plant materials are used to create the more than 140 architectural reproductions. The Statue of Liberty, Ellis Island, The Brooklyn Bridge and Yankee Stadium to name a few...See the Gingerbread Houses and ongoing demonstrations, stop at the cafe and gift shop.

Enjoy lunch in "Little Italy" of the Bronx and then stroll the famous Arthur Avenue with the chance to purchase wonderful goodies.

1206 Sunday, December 7th \$97

Bus leaves Hamden High School promptly at 9:00 am and we will return approximately 6:00 pm.

Please note: No refunds will be issued for this trip after November 16th

**HAMDEN ADULT EDUCATION LEARNING LAB
M. L. KEEFE COMMUNITY CENTER
11 PINE STREET - 203.773.9211
FREE CLASSES**



Basic Skills

Have you been out of school for a while? Would you like to improve your reading, writing and math skills? Do you need a high school diploma? Are you trying to get a new job? This course is a good place to start.

**M, W 9 am-12 noon or M, W 7 pm-9 pm
Beginning September 8th**

GED Prep

Do you want to study for the GED exam? You will work on five required areas of study: math, science, literature and the arts, writing skills, and social studies. You will be given practice tests and instruction will be individualized where possible.

The GED Exam is offered monthly at Hamden High School. Once you have completed the prep course and feel you are ready to take the exam you must register in person at the adult education office.

**M, W 9 am-12 noon or M, W 7 pm-9 pm
Beginning September 8th**

Career Transitions

Gain hands-on computer experience in Microsoft Word and Excel. Explore careers by matching interests and skills with career possibilities, training or college options. Polish your job seeking skills so you can land the job of your choice. Do all this while you brush up your basic skills and/or work toward a high school diploma. **Call 773.9211 to find out more about this program.**

Citizenship

Do you need to learn about the history and government of the United States? Do you need to know the requirements for citizenship? Do you need to know how to apply for the exam and assistance in filling out the citizenship forms?

This program is for you.

Information Sessions

**September 3rd 9:30 am or 7:00 pm
M. L. Keefe Community Center**

Registration for all classes at the Hamden Adult Education Learning Lab

Basic skills, ESOL, GED Prep and Career Transitions

**Registration - Tuesday, September 2nd or Wednesday, September 3rd
9 am - 10 am or 7 pm - 8 pm**

Picture I.D. required at time of registration. Plan to spend one hour.

HAMDEN ADULT EDUCATION LEARNING LAB

M. L. KEEFE COMMUNITY CENTER

11 PINE STREET - 203.773.9211

FREE CLASSES



LEARN ENGLISH FREE AT M. L. KEEFE COMMUNITY CENTER

ESOL - English Speakers of Other Languages

Would you like to improve your English communication at home and on the job? Do you want to feel more at home in our communities? Are you interested in furthering your education? We offer these free classes for foreign-born residents in listening, speaking, reading and writing. We help you develop skills for jobs, education and cultural adjustments for life in the United States.

Register

Tuesday, September 2nd

Wednesday, September 3rd

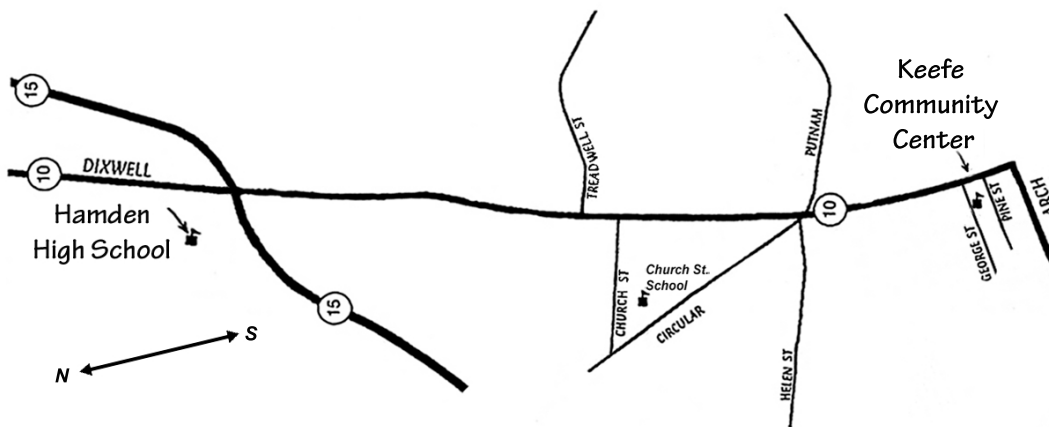
9 - 10 am or 7 - 8 pm

Classes are held Monday - Thursday
beginning September 8th

For more information call 773.921

Basic skills, ESOL, GED Prep and Career Transitions

Map to Hamden Adult Education Programs



HAMDEN ADULT HIGH SCHOOL PROGRAMS

AT HAMDEN HIGH SCHOOL - ROOM D 102

ADULTS WISHING TO EARN AN ACCREDITED HIGH SCHOOL DIPLOMA HAVE SEVERAL OPTIONS

ADULT HIGH SCHOOL

STUDENTS MUST EARN A
TOTAL OF 22 CREDITS

Adults who did not complete their high school education have the opportunity to earn a high school diploma. Classes are offered in English, Math, Social Studies, and Science on Tuesday and Thursday evenings. Additional credits may be earned for work experience, independent study and through SDE online courses. The adult high school also collaborates with Gateway Community College for additional credit options.

WALK IN REGISTRATION FOR THE ADULT HIGH SCHOOL DIPLOMA PROGRAM

TERM 1 REGISTRATION
MONDAY, AUGUST 18TH
WEDNESDAY, AUGUST 20TH
6:30-8:30 PM

TERM 1
CLASSES BEGIN
TUESDAY, AUGUST 26TH
6:30 PM

TERM 2 REGISTRATION
WEDNESDAY, OCTOBER 6TH
6:30-8:30 PM

TERM 2
CLASSES BEGIN
TUESDAY, OCTOBER 23RD
6:30 PM

**PLAN TO SPEND ONE HOUR AT TIME OF
REGISTRATION.**

CARL MUNGIGUERRA, COORDINATOR
ROBERT AGNESE, COUNSELOR

GED EXAM

HIGH SCHOOL EQUIVALENCY DIPLOMA

The GED exam is offered monthly at Hamden High School. It consists of tests in the following areas: language arts/writing, language arts/reading, math, science and social studies.

Any Connecticut resident who does not have a high school diploma, is at least 17 years old and has formally been withdrawn from school for six months or their high school class has graduated is eligible.

Registration deadline is at least 3 weeks prior to exam, but space is extremely limited at the Hamden site. Individuals are scheduled on a first come-first serve basis. Registering in advance may help but does not guarantee your first choice of test date and/or location. You will be requested to select a second and third choice.

One must register in person at the Hamden Adult Education office. A current **State or Government Photo I.D. is required at registration and entrance into exams. A fee of \$ 13 payable by money order or credit card only is required for Examinees 21 years and older.** Successful completion of a GED practice test is recommended prior to registration. Testing arrangements can be scheduled through the adult education office. For more information please call 407.2028.

Special test accommodations can be arranged for individuals with appropriate documentation. Call Carl Paternostro (860) 807.2110.

GED Prep classes are available at the M. L. Keefe Community Center for those individuals interested in preparing for the GED exam who work or live in Hamden. Residents of other communities should contact their community's adult education program.

Test Dates

Mon, Tues. Wed. evenings

September	15,16,17
October	6,7,8
November	3,4,5
December	8,9,10
January	12,13,14

EXTERNAL DIPLOMA PROGRAM - EDP

This is an alternate route to earning a high school diploma. Students are expected to demonstrate a number of life skills through several tasks as well as demonstrate an individual skill in an occupational, academic or specialized area. This program is free to students who live or work in Hamden or the cooperating towns*. All other individuals are welcome and should call the adult education office for fee schedule.

For all information contact the Hamden Adult Education office 407.2028.

* North Haven, Bethany, Orange, Woodbridge

CAREER CENTER/COLLEGE PREP/GATEWAY

THE CAREER CENTER

Co-sponsored by Hamden High School's Guidance Department and Hamden Adult Education. Residents of Hamden, especially high school students and their parents, are welcome to explore career and college materials. A career resource specialist will be available to help you navigate the various resources available.

The Career Center is located in the Media Center. Call (203) 407.2040 ext. 5708 to schedule an individual appointment.

Research:

- Financial Aid
- Careers
- Voc/Tech Schools
- Colleges
- the Job Market



Planning for your Child's Education

Learn how to create a plan to locate and apply for college scholarships. Techniques to increase the odds and size of merit aid offers from their chosen schools will be discussed as well as how to create your own "scholarships" for your child with the help from Uncle Sam.

J. Pearson, CPA &
N. Liebermann, CFP HHS rm D 209
Tues., 7-9pm Oct 7 1 session
\$ 15 #0301

SAT PREP COURSE

This course is designed to help students get their best possible score on the College Board SAT exam, used in the college admissions process. Classes will focus on test-taking strategies, a thorough math and grammar review, tips for writing a high-scoring essay, and computer analysis of SAT practice tests.

Monday & Wednesday
8 sessions

4 - 6:30 pm

Hamden High School-Rm B 216

Classes begin September 3rd

Fee - \$525

VERBAL

Students learn how to:

- Analyze sentence completion questions
- Improve performance on reading comprehension
- Recognize vocabulary words typically seen on the SAT
- Prepare for the student-written essay
- Apply rules of grammar to the writing questions

MATH

Students will learn:

- Math formulas, concepts, and symbols frequently tested on the SAT
- Shortcuts in order to get to the last few questions
- How to do the grid-in questions
- How to analyze strengths and weaknesses in order to develop strategies for improvement

QUESTIONS? CALL (203) 235.2195

ADVANTAGE SEMINARS

P.O. BOX 4657

WALLINGFORD, CT 06492

NAME: _____

PHONE: _____

EMAIL: _____

ADDRESS: _____

SCHOOL: _____

GRAD. YEAR: _____

Please mail form and payment to:
Advantage Seminars or register online at
www.advantageSAT.com. Do not send
registrations to Hamden Adult Ed.

Hamden-Gateway College Cooperative Program

The Hamden Board of Education, (through Hamden Adult Education), and Gateway Community College have developed a joint program to bring college level courses to the residents of Hamden. **Classes will begin the week of September 8th.** You are required to take placement examinations in reading, mathematics and written English.

Mathematics and English credits from an accredited institution of higher education will be reviewed to determine if a waiver from the tests should be granted.

Courses offered at Hamden High School from 6:45 - 9:45 pm.

COURSE	DAY	ROOM
Elementary Spanish	M	D 215
Fundamentals of Human Communications	Th	D213
Life Span Development	W	D 213
Pre Algebra Number Sense-Geometry	M	D 214
Writing: Paragraph to Essay	M	D 211

Register by mail or by calling 285.2080 to request registration forms.

For further information, call the Gateway Community College's Admissions office at 285.2080.

The College reserves the right to cancel those courses for which there is insufficient enrollment.

For information regarding fees contact the admissions office.

HAMDEN TOWN SERVICES

Elderly Services Coordinator, Suzanne Burbage

Parks & Recreation Director, Frank Rizzuti

Workforce Coordinator, Susan Hutchinson

Hamden Library Director, Robert Gualtieri

Community Services Director, Darlene Butler

Youth Services Coordinator, Susan Rubino

Books.....and so much more

@ your library

Hamden Public Library

www.hamdenlibrary.org

- DVDs, Videos, CDs, Books on tape and CD, Magazines
- Children's Programs
See monthly calendar on hamdenlibrary.org
- Computers for research
job resumes, business plans, homework
- Info Anytime, answers to questions 24/7; follow links at hamdenlibrary.org
- Free or Discounted Passes to Aquariums, Museums, Zoo.
(Need a Hamden Public Library card.)

hamdenlibrary.org

Monthly calendar of events; reserve and renew books.

iconn.org

Research and homework help for all ages.

learnatest.com/library

Practice tests and tutorials for GED, SAT, civil service, citizenship, plus e-test books.

Questions? Call 287.2680 or info@hamdenlibrary.org

Three locations:

Miller Memorial

2901 Dixwell Avenue

287.2680

Brundage Community Branch

91 Circular Avenue

287.2675

Whitneyville Branch

125 Carleton Street

287.2677

COMMUNITY SERVICES

562.5129

Provides a coordinated system of educational and recreational programs and comprehensive social services to assist Hamden residents.

- Hamden Food Bank
- KC's Closet
- Fuel Assistance
- Family Movie Night
- PACK Theater Productions
- Computer Lab
- Jobs, Training & Placement
- KIDSFEST
- Housing Assistance
- Emergency Services
- Holiday Toys
- Camp Scholarships
- Medical Referral & Clinics/WIC
- Case Management & Referral

YOUTH SERVICE BUREAU

777.2610

Provides a comprehensive, coordinated system of programs and services for the children and families of Hamden.

- Summer Youth Employment
- Information & Referral
- Substance Abuse Prevention
- Teen Programs
- Youth Center
- Boxing Program
- Community Based Prevention Programs
- Child Care Center:
Ages 3-12 part time/full time
- After School and School Vacation Programs for Middle School Students
- Coalition to Stop Underage Drinking
- Hamden Family Fun Day
- National Night Out
- Youth Forums
- School Supplies
- Babysitting Classes
- Various special events for children and families

PARKS AND RECREATION

General Information 287.2579

Recording of Activities 287.2588

Brooksville Park 287.2669

Ice Skating Rink 287.2610

Swimming Pool 287.2588

MILLER SENIOR CENTER PROGRAMS

Providing social and support services to elderly Hamden residents

- aerobics
- bingo
- pinochle
- bridge
- pool
- tai chi
- stroke group
- pokeno
- blood pressure
- movie day
- line dancing
- Mah Jongg
- health counseling
- computer classes

Elderly Outreach 287.2691

Transportation 288.2885

Miller Center 287.2547

ADULT DAY CARE

Partnerships Center
for Adult Day Care
248.8854

Clelian Adult Day Care Center
288.4151

JOB RESOURCE CENTER

Meet with the employment counselor by appointment only

Miller Library
2901 Dixwell Avenue
287.2647

M.L. Keefe Community Center
11 Pine Street
562.5129

For Hamden residents only

REGISTRATION INFORMATION

Eligibility:

Hamden Adult Education programs are open to all residents who are over 16 years of age. Non-residents are welcome to participate in the enrichment program.

Tuition and Fees:

Persons enrolled in Basic Skills, ESOL, GED, American Citizenship and High School Diploma Programs are exempt from tuition. Residents enrolled in enrichment courses must pay the designated fee by check, money order or credit card.

Non-residents will pay an additional \$5.00 per order.

Books and Materials:

Books and materials for all classes requiring same will be acquired by students at their own expense. If supplies are to be purchased prior to class, we recommend you confirm your class before purchasing supplies.

Storm Day Policy:

Adult Education classes are automatically cancelled if Hamden Public Schools are closed during the day. If the weather deteriorates during a scheduled school day necessitating cancelling evening classes, an announcement will be made on Channels 3, 30 and 8 prior to 6:30 pm. If school is delayed, classes at our learning lab at the Keefe Community Center begin at their scheduled time. Check website www.hamdenadulthood.org.

Gift Certificates:

Certificates may be purchased at the Adult Education Office.

Refunds:

A \$ 12.00 processing fee will be subtracted for any refunds made. No refunds will be paid after the second class session. Refunds will not be issued for computer classes after the first class session. Bus trip refunds must be requested as noted under each trip description. Refunds for craft classes must be requested one week prior to start date due to the cost of supplies the instructors could otherwise not recover. **All refunds for credit card transactions processed over 90 days past the original transaction date will be in the form of a credit voucher or check.**

Persons with Disabilities:

Anyone who needs assistance to gain access to classrooms, special GED test accommodations or any other accommodations for effective communication should contact LuAnn Gallicchio, Hamden Adult Education (407.2028) prior to the event so the necessary accommodations may be provided. The adult education program is committed to making all course offerings accessible, and upon request, this brochure is also available in alternative formats. Questions, concerns or complaints concerning the Americans with Disabilities Act of 1991 should be directed to **Hamlet Hernandez** at 407.2059.

Class Cancellations:

Any class may be cancelled for insufficient enrollment or for any other reason beyond the control of the Adult Education Director.

Nondiscrimination/Equal Employment/Equal Education Opportunity:

In compliance with regulations of the Office of Civil Rights and with Equal Opportunity practices as determined by state and with federal legislation, the Hamden Board of Education, as a matter of policy, does not knowingly condone discrimination in employment, assignment, program, or services, on the basis of race, gender, color, religion, national origin, age, sexual orientation, disability, or related abilities to perform the duties of the position. For further information contact **Hamlet Hernandez**, Assistant Superintendent at 407.2059.

Senior Citizens:

Adults 62 years and older are eligible for the senior citizen rates.

Sexual Harassment:

The Board of Education prohibits sexual harassment or intimidation of its students and employees. Any student or employee who believes he or she has been the subject of discrimination/sexual harassment should contact the district's Equity/Title IX Coordinator, at 407.2059.

No Smoking:

Hamden Public School buildings and grounds are SMOKE FREE. Board Policy P-1331 adopted 11/12/97.

The Adult Education Program is sponsored by the Hamden Board of Education in compliance with regulations of the State Department of Education and statutes of the State of Connecticut. Adult Education instructors are selected for their expertise in specific areas. However, the Adult Education Program, the Board of Education and the Town of Hamden do not promote the private services of the instructors nor the companies with whom they are associated. The Board of Education and the Town of Hamden disclaim any and all responsibility for any activities participants may pursue based upon information offered or discussions conducted in an adult education class relating to money management, investment options, business options, personal development, parenting, health care, exercise, personal safety or any other subjects. Courses are provided to expand the knowledge and skills of the participants, and as such, the participants are solely responsible as to how this information and knowledge is applied by them.

HAMDEN ADULT EDUCATION REGISTRATION FORM

By Phone

Call 407.2028
using Visa, Mastercard
or Discover or by
FAX 407.2056



By Mail

Fill out registration form and mail to:
Hamden Adult Education
2040 Dixwell Avenue
Hamden, CT 06514



Walk-In

Adult Education Office
Room D 102
2040 Dixwell Avenue
Hamden, CT 06514



Office Hours

Monday - Thursday - 8:30 am - 3:30 pm
Monday - Thursday - 6:30 pm - 9:00 pm
Friday - 8:30 am - 3:30 pm

Website

www.hamdenadulthood.org
Available 7 days a week
24 hours a day

Refund Policy

A \$ 12.00 processing fee will be subtracted for any refunds made. No refunds will be paid after the second class session. Exceptions: All computer courses. Refunds will not be issued after the first computer class. Refunds for craft classes must be requested one week prior to start date due to the cost of supplies. Bus trips refunds must be requested four weeks prior to departure .

Full payment of fees must accompany registration form.

Make checks or money order payable to: **HAMDEN ADULT EDUCATION**

WE DO NOT CONFIRM REGISTRATIONS

Last Name:		First Name:	
Street:	Town:	State:	Zip:
Home Phone:	Cell/Work Phone:	email:	
Persons with disabilities:	Senior Citizen		
Visa/MC/Discover	Exp. Date:	Check/Money Order	
Signature	(Office Use) Approval:		
Course #	Course Title	Amount	
		Non-resident fee	\$5.00
	Non-residents add \$5.00 per order	Total Due	

NO ENRICHMENT CLASSES ON THE FOLLOWING DATES:

Rosh Hashanah.....September 30
HHS Open House.....October 2
Yom Kippur.....October 9
Columbus Day.....October 13
Veterans' Day.....November 11
Thanksgiving Recess.....November 26-28
HHS Parent Conferences.....December 3
Holiday Recess.....December 23-January 2

**CLASS CANCELLATION
(due to weather)**

Whenever the Hamden Public Schools are closed due to bad weather, Adult Education classes do not meet. If the weather deteriorates during a scheduled school day necessitating cancelling evening classes, an announcement will be made on WFSB (Channel 3), NBC (Channel 30), and WTNH (Channel 8) or visit us online www.hamdenadulthood.org. Cancelled classes will be made up by adding an additional session. If school is delayed, classes at our learning lab at the Keefe Community Center will begin at their scheduled time.

LOCATION OF CLASSES

ALL THINGS MUSICAL

3210 Whitney Avenue

DIANE'S CERAMIC STUDIO

21 Crestway

ELITE FITNESS

23 RACCIO PARK ROAD

HHS

HAMDEN HIGH SCHOOL
2040 DIXWELL AVENUE

HIT IT! FITNESS STUDIO

4133 WHITNEY AVENUE

LARSON PLACE

1450 WHITNEY AVENUE

MILLER LIBRARY

2901 DIXWELL AVENUE

MANTIS KUNGFU ACADEMY

2371 WHITNEY AVENUE

MSC

MILLER SENIOR CENTER
2901 DIXWELL AVENUE

MLK

M.L. KEEFE COMMUNITY CENTER
11 PINE STREET

WHITNEY CENTER

200 LEEDER HILL

WHITNEY FLOWERS

2648 WHITNEY AVENUE

YOUR COMMUNITY YOGA CENTER

39 PUTNAM AVENUE

SCHOOL ADMINISTRATION

Superintendent
Frances Rabinowitz

Assistant Superintendent
Hamlet Hernandez

BOARD OF EDUCATION

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LuAnn Gallicchio
Administrative Secretaries
Violet Maselli
Patti-Joy Susi

OFFICE HOURS

Monday-Thursday
8:30 am-3:30 pm
6:30 pm-9:00 pm

Friday
8:30 am - 3:30 pm

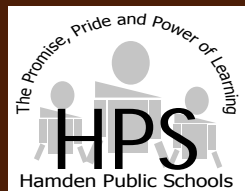
Hamden Public School
buildings and grounds are
SMOKE FREE
Board Policy P-1331 adopted
11/12/97

Child and Infant CPR
Financial Strategies for Women
Pre-Natal Yoga
Basic Natal Astrology
Reverse Mortgage Seminar
Home-Based Travel Agent



www.hamdenadulthood.org

Register by Mail - Phone 203-407-2028 - Fax 203-407-2056



Hamden Adult Education
2040 Dixwell Avenue
Hamden, Connecticut 06514

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